WHAT IS CLAIMED:

- A method of treating or preventing a disease or disorder in a subject comprising administering to the subject in which such treatment or prevention is desired a therapeutically effective amount of interferon-producing cells.
- A method of treating or preventing a disease or disorder in a subject comprising administering to the subject in which such treatment or prevention is desired a therapeutically effective amount of interferon isolated from interferon-producing cells.
- 3. The method of Claim 1, wherein the disease is an infectious disease resulting from HIV, HBV or HCV infection.
- 4. The method of Claim 2, wherein the disease is an infectious disease resulting from HIV, HBV or HCV infection.
 - 5. The method of Claim 1, wherein the disorder is an immune disorder.
 - 6. The method of Claim 2, the disorder is an immune disorder.
- 7. The method of Claim 5, wherein the immune disorder is an autoimmune disorder.
- 8. The method of Claim 6, wherein the immune disorder is an autoimmune disorder.
 - 9. The method of Claim 1, wherein the disease is cancer.
 - 10. The method of Claim 2, wherein the disease is cancer.
 - 11. A method of monitoring the progression of a disease or disorder comprising:
 - (a) measuring the number of interferon-producing cells in a sample obtained from a subject having the disease or disorder; and

- (b) comparing the number of interferon-producing cells in said sample with the number of interferon-producing cells in a control sample or a previously determined reference range.
- 12. The method of Claim 11, wherein the disease or disorder is the result of HIV infection.
- 13. The method of Claim 12, wherein an increase in the number of interferon-producing cells compared to the number of interferon-producing cells in a control sample or a previously determined range indicates that the HIV infection is not progressing or not progressing very rapidly.
- 14. The method of Claim 12, wherein a decrease in the number of interferon-producing cells compared to the number of interferon-producing cells in a control sample or a previously determined range indicates that the HIV infection is progressing.
- A method of assessing the effectiveness of a therapeutic or pharmaceutical composition in treating, inhibiting or ameliorating a symptom in a subject suffering a disease or disorder, comprising measuring and comparing the number of interferon-producing cells in a sample obtained from the subject before and after treatment with the therapeutic or pharmaceutical composition.
- 16. A therapeutic composition for administration to a mammal comprising interferon-producing cells.
- 17. The therapeutic composition of Claim 16, wherein the interferon-producing cells are genetically engineered.
 - 18. The therapeutic composition of Claim 16, wherein the mammal is a human.
 - 19. The therapeutic composition of Claim 17, wherein the mammal is human.